

# REMOTE-VIEWING

## — the ESP of ESPionage —

*We may all have latent psi powers, but our ability to develop them is being blanked out by socially engineered stress, and with the collusion of covert agencies.*

by Turan Rifat © 1996

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### MILITARY DEVELOPMENT OF REMOTE MIND-CONTROL TECHNOLOGY

**M**ilitary/intelligence interest in remote-viewing (RV) goes back to at least the 1950s. Remote-viewing—the ability to see things far from one's physical body—was developed during the Cold War to enable security organisations to gain information about top-secret enemy sites in which they had no assets.

The Russians have always been more advanced than their American counterparts in the study and development of RV and biophysical remote mind-control technology (RMCT). This did not go unnoticed by the CIA and the US military, who started experimenting with biophysical RMCT in the 1960s. However, because it proved difficult to control, the Americans concentrated instead on electronic techniques—until quite recently. US military research into RV was implemented with Project *Scangate*, and continued with many different projects including *Grill Flame*, *Center Lane*, *Sunstreak* and *Stargate*.<sup>1</sup>

As a scientist I became fascinated by the implications of RV, for if it really worked it totally upset the paradigm upon which our scientific model of reality is based. The work of Dr Jessica Utts—a Professor of Statistics at Stanford who has scientifically proven that RV phenomena exist<sup>2</sup>—was significant in this respect for it showed that science as we know it is crucially flawed.<sup>3</sup> We have developed atomic energy, yet it is as if we have less knowledge than our cave ancestors about the essential nature of reality. The sceptics rebutted the Utts paper and have denied that any paranormal phenomena could possibly exist.<sup>4</sup> This might be more comfortable for the scientific community, but RMCT is being used more and more by the military/intelligence community.

To mask this, the US military's position on RV was stated by CIA spokesperson David Christian, who accepted that no further official US research into RV was warranted: "We think the intelligence community shouldn't pursue research on this and that it is best left to the private sector..."<sup>5</sup>

Is there a campaign of disinformation to cover up their continued and accelerated study of the subject? Could programmes such as *The Real X-Files* (shown on Channel 4, UK)—created by Jim Schnabel, an alleged CIA operative—be designed to act as red herrings, to mask the US security organisation's true intent? If so, wouldn't the public's interest in this area mean that the privately-run US RV organisations (all headed by 'retired' US security officers), to which the public could turn for training, would have a large number of applicants? This would be useful if the US intelligence community were trawling for undiscovered psi-able people to recruit for a burgeoning RMCT military programme.<sup>6</sup>

### THE SCIENTIFIC BASIS OF REMOTE-VIEWING

This led me to ask whether there could be a scientific basis to RV and RMCT. As a proponent of RV, I knew that it worked.

Joe McMoneagle, a retired US Army intelligence officer—who claims to have left *Stargate* in 1984 with a Legion of Merit award for providing information on 150 targets that was unavailable from other sources—used RV to go into the mind of Shaw Taylor, to see through his eyes, in an experiment carried out on *The Paranormal World of Paul McKenna* (ITV, UK). This method of using RV to enter the brains of other people is called remote sensing (RS). Biophysical RMCT can be considered to have the explanation for how ESP and telepathy work.

I have had many people ask me whether there is information available on the scientific basis of RV. Having looked through the Internet at the web sites purporting to be leaders

in RV technology, I came to the conclusion that either the knowledge base of Western experts was feeble, or most of the *real* information was classified. Most of the leading research done in the US on brain function with respect to *electronic* RMCT is classified. The excellent articles in NEXUS (e.g., vol. 3, no. 3) have covered electronic RMCT in more depth than is available elsewhere, but to my knowledge there has been little scientific discussion of *biophysical* RMCT, so the following is a brief introduction.

The Russians have been the world experts in biophysics since the 1950s. Their research in this area has concentrated on military uses of biophysical field effects and telekinesis (the ability to move objects at a distance), as well as the search for 'psi genes' that promote and mediate RV and the biophysical fields involved in telekinesis. This has led the Russians to study the biological basis of RV.

For RV to work, 'something' must leave the body so that remote locations can be seen. Research seems to indicate that RV uses biophysical field effects to manifest perception outside the body.

The Russians have used all means at their disposal to develop biophysical RMCT—drugs, hypnosis, invasive brain surgery, electronic implant technology and a number of electromagnetic, electrostatic, magnetic and psychotronic means to boost the latent psi abilities of carefully selected psi-able Russians.

There is reason to believe that their research in the biophysical domain became so advanced that they opened doorways to other continuums and themselves fell prey to malevolent forces. US research into these areas will eventually lead the Americans to the same crossroads. Indeed, in a secret underground base they are already experimenting with electronic extradimensional doorways, exposing the US consciousness to incredible levels of extradimensional influences.

It is well known that the physical body is surrounded by a mantle of electromagnetic (EM) energy. The eyes pick up this pho-

tonic emission, though 90 per cent of this information is filtered out in the thalamus, with the remainder fitted into a visual-mental model which we see as reality. Once visual perception can be *unfiltered*, auras can be seen around people.

### EMF-INDUCED CALCIUM EFFLUX EVENTS

The US Government started researching electronic RMCT as a result of early work on the effects of EM radiation on human behaviour.

Microwave stimulation of the brain with extra-low-frequency (ELF) audiograms has been shown to affect brain function for RMCT.<sup>7</sup> This methodology is the basis of US RMCT. However, the EM field around the body can also be affected by other types of EM irradiation, electric fields and magnetic fields.

Dr Ross Adey, formerly of the Brain Research Center at the

University of Southern California, and now at the Loma Linda University Medical School, California, worked on the CIA's infamous *Pandora* project. His research involved inducing of specific behaviour modifications by electromagnetic means, as well as inducing calcium efflux events to interfere with brain function—the so-called "confusion weaponry". (More recently, Dr Adey has been warning against the biological hazards of EM emissions from mobile phones.)

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Dr Adey's research at the Brain Research Center has shown the existence of a biological reaction to EM radiation. This reaction was found to be dependent on the frequency, amplitude and dose of the microwave radiation used.

In the 1980s Dr Adey performed some crucial experiments using microwave carrier-waves modulated with ELF waves to modify brain tissue responses. He carried out experiments with cat brain tissue, showing that the binding of calcium ions to neuronal sites was affected by weak EM fields. These fields were of a frequency and amplitude similar to fields produced in mammalian bodies and detected on electroencephalographs (EEGs).

Dr Adey demonstrated how a 147-megahertz (MHz) field, which at tissue level had an intensity of 0.8 milliwatts per square centimetre, caused an efflux or release of calcium ions from the irradiated brain tissue. This response only occurred when the ELF modulation of the microwave carrier-wave had an amplitude modulated at 6-20 hertz (Hz). The maximum stimulation of the neurones took place at 16 Hz, but to either side of this frequency-range parameter there was no effect.<sup>8</sup>

Microwaves of a similar waveform were used in a US research facility by C. S. Blackman, who worked on the theory underlying the electronic RMCT devices now deployed worldwide. He noted a set of narrow field intensity parameters of microwave irradiation effects that was greatest at 0.75 milliwatts per square centimetre, causing the neurones to efflux calcium to the greatest extent.



Adey repeated Blackman's experiments and confirmed a microwave intensity parametric area of between 0.1 and 1.0 milliwatt per square centimetre, using a 450-MHz microwave carrier-wave amplitude modulated by an ELF of 16 Hz. He found that this set of EM parameters caused the largest calcium efflux in the neurones. When other EM parameters were used, they caused no response.

In comparison, ELF-modulated microwave radiation in the range of 6-20 Hz, at field intensities lower by several orders of magnitude than the above, caused a decrease of calcium ion efflux in the neurones. A useful observation was that the frequency and amplitude of the response of the neuronal brain tissue was the same whether it was stimulated or damped. There was a consistency in the magnitude of the response, i.e., a 10 to 15 per cent increase in calcium ion efflux using the higher intensities, and an identical reduction using the lower intensities described above.

Since the neurones are affected by EM fields, the EM mantle around our bodies—and anything that affects it—will also affect brain function.<sup>9</sup> The mechanism for this is that ELF-modulated microwaves can affect calcium efflux in the neurones, which can affect short- and long-term potentiation of the neurones with a concomitant effect on memory.

### STRATEGIC ELECTRONIC WEAPONRY

It was inevitable that military/intelligence interests would develop electronic RMCT weapons systems. These weapons fall into a number of classes, the simplest being the use of microwaves at low amplitudes, e.g., 10,000 microwatts per square centimetre, to cause local hot-spots in the victim's body areas that have poor circulation, such as the eyes and gall bladder. The microwaves heat up the tissue, which does not have the blood circulation to carry away the excess heat. The victim feels nothing, but sustains acute and chronic illness in these areas. Intelligence organisations in the West use this technology to disable permanently the 'subversive elements' they cannot scare off.

When ELF-modulated microwaves are used, they are keyed to distinctive patterns of brainwaves called preparation sets, which exist for every mechanical gesture the body makes. There are also specific excitation potentials which exist for specific emotional states. Intelligence operatives can induce remote conditioning by creating information-processing effects which can cause excitatory reactions, subliminal stress, behavioural arousal, enhanced suggestibility by inhibition of higher functions, and patterned behaviours. It is alleged that this technology is used by the CIA and MI5 to modify the behaviour of 'high-profile subversives'.

The more advanced electronic RMCT utilises ELF-modulated masers for long-range, penetrative, invasive EM mind-control. Together with Doppler-shifted interrogative RMCT masers, a victim's brain-states can be analysed at a distance—and the 'subversive' can be *modified* at a distance. Developments on this technique, and the use of low-frequency EM radiation to see through walls, have allowed intelligence agencies in the US to make useful inroads on the path to synthetic telepathy.

Much of this research has been funded by the CIA which began this work on electronic mind-control with its *Pandora* project.

This research was used to build devices like RHIC-EDOM (Radio Hypnotic Intracerebral Control - Electronic Dissolution of Memory), which is allegedly used for forced induction of hypnotic trance in the abduction of and experimentation upon civilians by US Government agencies.<sup>10</sup>

### REMOTE-VIEWING AS A BIOPHYSICAL FIELD EFFECT?

My research interest has been in the biological and biophysical basis of paranormal phenomena. Since the body has an intrinsic EM mantle, could this EM field be projected outside the body?

Dr Ross Adey's research has identified a pathway by which EM fields can directly affect the brain. Could information-gleaning by roving biophysical EM field effects be the basis for RV? These EM fields could be picking up information, then transferring it to the brain by the above mechanism. It seems a valid basis for RV. Unfortunately, it is not the whole picture.

Remote-viewing operators can travel to distant star systems, travel backwards and forwards in time, and enter US facilities that are protected by metal Faraday cages and armed with EM flytrap field generators.

All of these phenomena indicate that something not limited by Einstein's special theory of relativity and Maxwell's EM field equations is acting as the carrier for RV.

Perhaps US researchers investigating remote viewers' capabilities have learnt to manipulate EM field effects for their RV experiments using electronic enhancement

of psi effects. This methodology is the basis for US experiments into biological synthetic telepathy—the use of EM fields to boost latent psi-gene activity to the level where it is useful. My research seems to indicate that they are only scratching the surface of the RV envelope.

What is interesting to note from Dr Ross Adey's research is that a 6-20-Hz frequency is needed for neuronal calcium efflux events. 'Normal' people are entrained to function at high beta, which pushes their EEG-measured brainwave frequency above the

20-Hz threshold. This means that they have no contact with neuronal calcium efflux events. If these events are, as I believe, an integral part of RV and other psi operations, the general public will be psi-damped, not exhibiting parapsychological talents to any marked degree.

Alpha training, which teaches people to work in the 7-14 Hz range, seems to open up psi abilities. If neuronal calcium efflux events are crucial to psi operation, we can begin to see a reason why simple techniques of alpha entrainment and biofeedback can bring on paranormal functioning in humans.

Major Ed Dames (Retired) has stated that military remote-viewers operate in theta. This is a brainwave frequency of 4-7 Hz. So it may be that lower frequencies in the 6-20 Hz window are more powerful for psi activity. Since the energy of the EM wave is related to frequency, if we lower the frequency of our brainwaves we can think with less energy and our biophysical RV vehicles are therefore more efficient.

To understand what is really going on beyond the EM bandwidth of RMCT events, we need to reappraise physics. In the early part of this century, Einstein formulated his general theory of relativity which linked the curvature of space-time with gravity. In formulating the field equations to link curvature of space-

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time with gravity, Einstein found that the energy-momentum tensor (simplistically, the sum total of mass-energy) did not equate to the Ricci tensor (a sort of one-term summary of curvature which varies from point to point). To balance his equation, Einstein had to subtract from the Ricci tensor,  $R$ . As a scientist, I was intrigued by the question of why this should be so. It would seem to indicate that reality is not singular but has a duality. The Einstein tensor only balances when one subtracts the mathematical summation of the curvature of this other reality, from the curvature of physical space.

The dual nature of reality has been written about in many books.<sup>11</sup> Could RV be a biophysical field effect moving in this parallel reality? If so, our knowledge of the nature of reality may be so limited that we are completely blind to this second reality which is contiguous with our own and only makes itself known to us in the quantum realm.

This parallel reality is seen in lucid dreaming and OOBes (out-of-body experiences) and is glimpsed in daydreaming states. Australian Aborigines have a whole body of knowledge about their Dreamtime reality. Remote-viewers are relearning abilities that our ancestors had direct knowledge of millennia ago.

My research has led me to believe that this 'dreamtime' reality is not electromagnetic in nature, but is composed of a new set of field effects. These field effects are the basis of biophysical, biotronic and bioplasmic phenomena. The electronic RMCT of the US Government mind-control devices and related weapons systems mimics these higher-order field effects.

#### SELECTIVE PRESSURE ON PSI GENES

Remote-viewing would have been of great use to our hunter-gatherer ancestors. Hunters who could find game would have been, by natural selection, more likely to breed. This would mean that any 'psi genes' would have been selected. Throughout our hunter-gatherer past, psi genes would have increased, as those carrying these genes would have been more likely to survive.<sup>12</sup>

With the onset of agriculture, the selective pressure would have ceased to be so important. Consequently, highly developed cultures such as our own would have lost the psi genes to some extent, whilst hunter-gatherers such as the Aborigines of Australia or the Kalahari Bushmen would still have RV capabilities at large in the population. Only cultures which have not persecuted paranormal ability would have kept a high level of psi genes. The North American Indians venerated paranormal abilities, so they would have been a repository of these genes had Europeans not slaughtered them.

It would seem that women in many parts of Europe during the Middle Ages had a number of psi genes removed from their genomes due to the selective pressure from the widespread burning and persecution of 'witches'—indeed, of any woman who showed paranormal ability. This deselection would have made psi genes much rarer, and my research seems to indicate that European men would score significantly better at RMCT than would European women. However, cultures which have *not* persecuted their females may have many women in their populations with enhanced RMCT performance, as there appears to be significant sex-related psi-amplification in females.

The world wars in Europe would have acted on any males in combat as a considerable selective pressure to choose in favour of those individuals carrying psi genes, as in all probability they were more likely to survive. This would mean that the progeny of Europeans who fought in the wars would have more psi genes in the population than they would normally have had, had it been peacetime.

The former Soviet Union has been researching psi genes for decades. KGB operatives were told to pick up people displaying paranormal abilities for use in their vast parapsychological research projects.<sup>13</sup>

The Americans only tacitly began to research the subject in the 1960s 'because the Communists were doing it'. Their research was based on 'new age' phenomena and methodology. This meant the Americans never achieved any great breakthroughs in biophysical field phenomena, hampered as they were by 'new-age thinking' at the expense of scientific methodology.

In 1995 the US security establishment decided to take a new interest in biophysical RMCT. This meant that the CIA had to release disinformation that purported to state that the Americans had given up this research—even though it worked!

From our research, it does seem that some people can display significant RV capabilities. Indeed, people who do RV courses

could have psi genes in their genomes that affect their ability to view remotely. This would seem to indicate that not all the psi genes have been deselected from the population in mankind's long history. Interestingly, the magazine *Fortune* has stated that the 'top 500' CEOs have greater-than-normal psi-intuition and gut-feeling, symptomatic, precognitive reactions.

My research seems to indicate that there are primary and secondary psi genes. Primary psi genes are those that give enhanced RMCT capability by the specific nature of the proteins

they code for, which act as biophysical batteries, and other more obscure phenomena which are involved with biophysical processing, storage and utilisation. The secondary psi genes are those that facilitate biophysical integration with the organism and which code for richer and higher-function neural networks to interface with the biophysical energy.

It also appears that some peoples' bodies act as natural psychotronic generators and can store psi energy.<sup>14</sup>

#### SWITCHING ON LATENT REMOTE-VIEWING ABILITIES

The high basal stress levels of Western man release a torrent of neurohormonal and electrical stimuli that appear to switch off the psi genes. Instead, this overstimulation would seem to switch on the oncogenes that cause cancer. This also means that paranormal abilities are rare in the general population and lack the repeatability needed for scientific verification.

Since stress interferes with the mechanism of RV, it is vital that the stress neurohormones and electrical overstimulation that switch off psi genes be lowered to the point where they cannot inhibit RV activity.

It is necessary to learn new mental software (memes) to run remote-viewing programmes to increase the signal-to-noise ratio of psi phenomena.<sup>15</sup> Learning new memes to switch off the negative-feedback cycle that keeps people in a state of anxiety is also

**...women in many parts of Europe during the Middle Ages had a number of psi genes removed from their genomes due to the selective pressure from the widespread burning and persecution of 'witches'...**

vital to initiating RV. Simple new habits and software, that people can use at work to inculcate RV ability, also amplify the process of RV initiation. Built into this methodology are techniques to free-up biophysical energy and develop RV abilities. This is done with the knowledge that people expend much of their biophysical energy at work.

An effective system of RV training must bring in people's working habits and training, to show them that enhancing their effectiveness at work by use of psi-enabling memes will invariably open up paranormal abilities. The rationale behind this is that if you are more effective at work, you have more biophysical energy left over at the end of the day for use in building an RV biophysical body!

By including your normal day-to-day work memes and incorporating them into RV training, people will automatically be practising their RMCT. The net effect of this is tremendous improvement in RV abilities.

The 'cinema method' of clearing one's mind, using RV as the moving pictures, is a fundamental next step. When watching the cinema screen, we all stop talking to ourselves. This switches off the internal dialogue, the incessant mental conversation that we have inside our heads.<sup>16</sup> Mental silence is the second major initiator of RV. The first is habitual relaxation, which can be achieved with the use of psi-enabling stress-management techniques.

Clearing the mind by focussing directed attention on RV is the most powerful way to develop biophysical RMCT. Directed attention is the guided use of perception for the study of RV. Once directed attention has been set up, it can be used for remote-viewing of distant locations. First practice is on known locations; then on more obscure sights. (A discussion of ways to improve RV abilities is covered at length on my web site.)

Another factor I looked at was the phenomenon of being able to be aware of two places at once. Physical perception and RV can be practised at the same time. This has dramatic implications, for it means that our brains and our biophysical field effects can have awareness separate from one another.

#### REDESIGNING OUR OWN DNA

Dr Gerald Edelman, a leading neurophysiologist, has formulated the theory of neural Darwinism. This postulates that neurones compete with each other by natural selection and, in the process, neuronal group selection forms neural networks which have the capability of primary consciousness. As the process is iterated, high-order consciousness develops, leading to sapience in man.<sup>17</sup>

Connecting this work with that of Dr Ross Adey, there is an indication that the brain can think without biophysical field effects; but these field effects, through their link with calcium efflux-modulated neuronal potentiation events, can interact in a synergistic manner.

Research into RV and OOBs indicates that biophysical field effects also have high-

order consciousness.<sup>18</sup> The mechanism of high-order consciousness in biophysical field effects is derived from similar processes of Darwinian selection in morphogenetic fields.<sup>19</sup>

It is known by morphogenetic development researchers that the human genome does not contain enough information to turn the blastocyst (the small clump of fertilised cells) into an embryo. Morphogenetic field effects are needed to switch on specific gene groupings depending on their position in the blastocyst. These biophysical morphogenetic fields switch on specific genes and turn off other genes, all based upon their location in space-time.

It was a profound revelation when I realised that the biophysical fields contain large amounts of information not held in the genome and, further to this, that the biophysical fields can control gene expression.

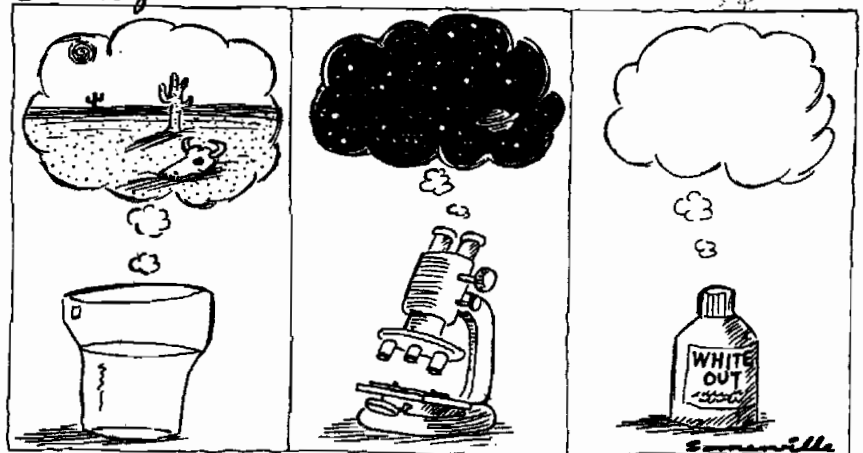
It then did not take me long to realise that a natural consequence of RMCT was the development in RV practitioners of an evolution in their morphogenetic fields. Like the neurones affected by neural Darwinism, morphogenetic fields could evolve through primary consciousness to high-order consciousness. This would enable powerful RV abilities but, more importantly, it could enable psi-able operators to switch their genes on and off. The health and gerontology implications of this are far-reaching.

I have developed a technique which I call paranormal psychoneural immunology—the use of RMCT to raise morphogenetic field effects to high-order consciousness. And with the discovery that a gene can change naturally into a normal version in a patient suffering from a lethal genetic disease, it appears that our genome can be changed *in vivo*.<sup>20</sup>

RMCT, then, in its guise of paranormal psychoneural immunology, can be used to change our own genome. It would also seem that the use of theta states can enable psi-able operators to rewrite their own DNA.

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#### Still Life



I am using this line of research in an attempt to increase the telomeres on the ends of my chromosomes by selective stimulation of telomerase enzymes in the nuclei.

Since telomere loss is associated with ageing, this may boost longevity without the risks associated with the US drug rejuvenation programmes being developed by American corporations for the NWO super-rich.

### REMOTE-INFLUENCING

To conclude this introduction to the science of biophysical RMCT, a technique known as sleep-wake hypnosis can enable a hypnotist to transfer hypnotic commands telepathically to a subject, whether a few feet or even a thousand miles away.

A Ukrainian, Albert Ignatenko, demonstrated on the TV show, *The Paranormal World of Paul McKenna*, that he could raise or lower the pulse rate of people who were at a remote location. This was a dramatic demonstration of remote-influencing (RI), which is the basis of hypnosis.

My research would seem to indicate that the psi-able operator is capable of affecting the neuronal calcium efflux of another person through remote-viewing, rather like the US National Security Agency's electronic microwave mind-control machines.

The use of RI could therefore be used to affect, for instance, the money markets by working on the brains of the market-makers. Since these biophysical field effects reside in us all, it would seem probable that RI will be seen as a threat to the New World Order ruling class.

### PRIVACY AND SURVEILLANCE

With the growth of electronic means of spying on the public, privacy is something that is vanishing completely. For example, my phone and flat are bugged and MI5 operatives regularly search my flat when I am out. The whole of Brighton is covered by cameras linked to the police station, which is a major node in the UK underground command centre structure.

E-mail and faxes are interfered with and monitored, and the web sites that go against US policies are being closed down by frightened Americans.

In this context, RV/RMCT can be seen as a way that the public can put the authorities under surveillance. Since the US and UK governments are deploying electronic RMCT against internal 'subversives', I would find it ironic if the public's use of biophysical RMCT were directed at NWO personnel and their leadership.

As more people use RV, the technique will become more effective.<sup>21</sup> This means that the authorities will try to restrict advanced information about RV and RI as carried out by Paranormal Management Systems and other non-military groups. And with the burgeoning of RV/RI companies run by 'retired' US military personnel, one can be sure that effective know-how will be kept out of the public domain.

PMS offers RV courses that can enable the public to put the authorities under the spotlight. As a caveat, if I were to receive complaints from irate members of the public about infringements to their privacy by PMS-trained people, I would have to close the facility. A proper self-regulatory procedure is a must in this new field of RMCT.

At present, biophysical RMCT is not legislated against and, in any case, the Russian military have almost exclusive use of it.

### A REMOTE-CONTROLLED FUTURE?

The ability of the RV attention to affect the body, and the bodies of other people, could have tremendous implications for healing and for the health of nations.<sup>22</sup> Some aspects of alternative healing can be thought of as a crude, common usage of RI, as the RI effect is the scientific basis of mind-over-matter phenomena. However, the forthcoming European Union 'bans' on some alternative therapies, vitamins and herbal remedies may just be precursors of what's to come.

In the future it may be illegal to think in anything but beta, with only a select few authorised to work in psi-enabling theta. The rising tension in the world, media fearmongering and the mind-deadening effect of TV may be coincidental, but, yet again, perhaps they may not...

The science and technology of remote viewing and mind-control are still relatively young, but they may well prove to be key agents in the affairs of the 21st century. ∞

### Endnotes

<sup>1</sup>(a) 600-plus Internet references on alta vista;

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<sup>2</sup> *The Journal of Scientific Exploration*, Stanford, USA, vol. 10, no. 1, pp. 1-III. Dr Jessica Utts carried out a statistical analysis on the results of the US RV programme. Her results confirmed a greater-than-chance effect—be it a small effect—which proved that RV exists.

<sup>3</sup> Beloff, John (Dr), "ESP Fact Sheet" (the work of the Society of Psychical Research on RV), Psychology Department, University of Edinburgh, Scotland.

<sup>4</sup> Refer to the Internet for mention of Dr Ray

Hyman and his rebuttal of RV, which has just been released.

<sup>5</sup> Wolf, *ibid*.

<sup>6</sup> Refer to the Internet for list of US RV companies. Two companies among the premier US RV organisations are Psi Tech, headed by Major Ed Dames (Ret.), and Problems>Solutions>Innovations, run by Lyn Buchanan.

<sup>7</sup> Keith, Jim (ed.), *Secret and Suppressed*, Feral House, Portland, Oregon, USA, 1993. This contains an excellent chapter on US electronic RMCT and the unpleasant effects it can cause.

<sup>8</sup> Adey, Ross W., "Spectral Analysis of Low Frequency Components in the Electrical Activity of the Hippocampus During Learning", *Electroencephalography and Clinical Neurophysiology*, vol. 23, 1967;

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<sup>10</sup> King, Jon, "UFO Reality, No. 3", document from *The Real X-Files* television documentary.

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**A Ukrainian, Albert Ignatenko, demonstrated on the TV show, *The Paranormal World of Paul McKenna*, that he could raise or lower the pulse rate of people who were at a remote location.**

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<sup>13</sup>(a) Constantine, Alex, *Psychic Dictatorship in the USA*, Feral House, Portland, Oregon, USA, 1995 (contains an excellent chapter on RMCT);

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(c) Mann, Edward W., *Vital Energy and Health*, 1989.

<sup>15</sup> Refer to Ingo Swann's papers on the signal-to-noise ratio, to be found on the Internet under the RV maestro's name.

<sup>16</sup> Refer to collected works of Carlos Castaneda, yogic texts, Zen manuals, etc.

<sup>17</sup> Edelman, Gerald, *Bright Air, Brilliant Fire*, Basic Books, New York, 1992.

<sup>18</sup>(a) Tansley, David, *The Raiment of Light: A Study of the Human Aura*;

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<sup>19</sup>(a) Refer to the entire work of Dr Rupert Sheldrake, inc. *The Presence of the Past*, 1988; *A New Science of Life: The Hypothesis of Formative Causation*, 1985;

(b) Bohm, D., "Morphogenetic Fields and the Implicate Order", *ReVision* 5:41-48.

<sup>20</sup> Cohen, Philip, "Child's lethal gene fault heals itself", *New Scientist*, 20 July 1996.

<sup>21</sup> To amplify this small RV effect in humans, I have developed a methodology called Group Augmented RV, which can enable any group to use RV to study military sites or off-world alien phenomena.

<sup>22</sup> Refer to articles on natural healing on the Internet.

#### Further References

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• Paranormal Management Systems has produced an information pack on Remote Viewing. To obtain a copy, please send STGE2 (STG£5 outside the UK) to PMS, PO Box 2749, Brighton, BN2 2DR, UK. PMS web site address: <http://www.fastnet.co.uk/pms>

• Small, Marie-Louise, "Psi Spies", *Encounters*, issue 7, May 1996. This issue comes with the great little book, *America's UFO Cover-up*, by Marie-Louise Small. Anyone interested in US NWO conspiracy theories about alien masters should read this, as well as *Cosmic Top Secret: America's Secret UFO Program*, by William Hamilton III, 1992. Page 108 makes grisly reading and, if true, verifies much of what I have been stating. For information on how to visit these US underground sites, please send STGE3

(STG£5 outside the UK) to PMS, PO Box 2749, Brighton, BN2 2DR, UK. This gives all the information any group will need to start RV exploration of US/alien sites.

• Visit Dr Jessica Utts' web site for details on the scientific verification of RV, and as a stop-off point for other RV sites and places of interest. Web site address: <http://www.jsc.com>

#### About the Author:

Turan Rifat was born in Brighton in 1957. He has a university science degree and another in education. Whilst doing his Ph.D., the author decided he'd had enough of mechanistic science, so for the past 15 years he has been researching the paranormal, with the aim of developing its physics, as well as carrying out numerous workshops on healing and personal development. His research task took rather longer than imagined, and led to some unfortunate confrontations with 'evil' forces—MI5 being the least of these.

Recently, he set up Paranormal Management Systems (PMS), the only company in Europe with expertise in biophysical RMCT that can come close to what the Russians have developed and which outstrips the US knowledge base in the biophysical area. PMS evaluates this military-domain RMCT material and develops it in terms of its applications for business in enhancing profitability and performance.

Turan Rifat offers courses and consultancy in the RV/RI field. He is currently writing a book, *Remote Viewing: The Story of the Real X-Files*, and is planning to follow up this article with one on ESP and telepathy, with reference also to synthetic telepathy.